## Minutes of the Meeting of GMU Team of the Odisha Center for Geriatrics and Gerontology with VIMSAR Team held on 08.01.2021

A meeting between a team of faculties from the Gangadhar Meher University, Sambalpur and a team of researchers from the Veer Surendra Sai Institute of Medical Sciences and Research (VIMSAR), Burla was held on 08.04.2021 at Medical Research Unit, VIMSAR.

The meeting's primary purpose was to:

- (1) Identify key areas of research on Geriatrics and Gerontology for possible collaboration between Centre of Excellence on Odisha Center for Geriatrics and Gerontology (GMU) and Veer Surendra Sai Institute of Medical Sciences and Research (VIMSAR), Burla
- (2) Discuss about the modalities to have a MoU with VIMSAR for implementation of the Geriatric Project.

Prof. Sibabrata Das, Dr. Santosh Kumar Sethi, Dr. Raghunath Satpathy, Dr. Pradosh Kumar Acharya from GMU and Dr. Atanu Thakur, Dr. Bimal K. Panda, Dr. Subrat Pradhan, Dr. Mamata Pandey and Dr. Sunita Patra from VIMSAR attended the meeting.

After a thorough discussion the following areas of collaboration have been identified:

- 1. Molecular genomics research such as identification of genes related to ageing process, epigenetic analysis and their expression pattern.
- 2. The study of diseases associated with old age, such as diabetes, chronic kidney diseases, Sarcopenia, muscular skeletal diseases and neurological and psychological disorders.
- 3. Effect of environment on the process of healing of diseases associated with ageing.
- 4. Phytochemical analysis of plants, such as Tulsi, Hemp and Curcuma, as these medicinal plants are being used to a greater extent by the elderly population.
- 5. Prevalence of endemic diseases in elderly population in the western Odisha.

It was decided to prepare a list of equipments required as per the research objectives. VIMSAR team has expressed their willingness to use medical records as well as laboratory equipments available with VIMSAR for research. In addition to the laboratory research, both teams have agreed to undertake community based research. To get an idea about the interface between socioeconomic backgrounds and prevalence of old age diseases a questionnaire survey will be conducted for the elderly patients visiting OPD. It was also decided to finalise a team of researchers from both GMU and VIMSAR to be involved in the collaborative research. Further, it was decided to prepare a draft of the MoU for future course of action. After the meeting both teams met Director, VIMSAR and apprised him of the decisions taken in the meeting.

simultaneously. All advisory committee members unanimously decided to hold the second next meeting in a month to finalize the participating schools' objectives.

After the deliberations, the Registrar of the university, Mr. Girish Chandra Singh, proposed a formal vote of thanks, and Prof. Atanu K. Pati, former Vice-Chancellor of GMU and member of the advisory committee, declared the closure of the meeting.

# Minutes of the First Meeting of Advisory Committee of the Odisha Center for Geriatrics and Gerontology held on 25.01.2020

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The first meeting of the Center of Excellence (COE) advisory committee on Odisha Center for Geriatrics and Gerontology (OCGG) was held at 4 PM on 25.01.2021 on virtual mode. The meeting's primary purpose was to develop an integrated framework and work plan to study the various aspects of the aged population of Odisha through interdisciplinary and multidisciplinary approaches. The Honourable Vice-Chancellor and the esteemed members of the Advisory Committee, Registrar, Deputy Registrar, Heads of all participating schools, and the university's faculty members attended the meeting.

The meeting commenced with the inaugural address by the Honorable Vice-Chancellor of Gangadhar Meher University-Prof N.Nagaraju, followed by a brief introduction of the COE by the coordinator, Prof. Sibabrata Das. Heads of all (eleven) participating schools elaborated on the objectives of their proposed work related to the aged population of Odisha. Prof. Atanu Kumar Pati summed up the objectives proposed by the participating schools of GMU.

After carefully listening to the presentations of proposals, members of the advisory committee provided their valuable inputs and suggestions regarding various aspects of OCGG- planning, execution, and sustainability. Prof. M.K.Thakur reviewed the proposals and asked heads to delimit the objectives within the project's time limit. According to him, the goals should be in tune with the plans mentioned in the Center of Excellence's original proposal. Concerning the area of coverage of the study, he suggested starting work from the district of Sambalpur. He also suggested more frequent interactions of faculty members involved in the project to resolve the problems they would confront in due course.

Prof. D. Jamuna could not give her expert comments because of poor internet connectivity. Prof. A.B. Dey suggested talking to doctors with a specialization in geriatric medicine in different medical colleges, notably Veer Surendra Sai Institute of Medical Sciences and Research (VIMSAR), Burla. Additionally, he suggested talking to Dr. Rashmi Ranjan Mohanty of All India Institute of Medical Sciences, Bhubaneswar, for advice on the aged population's health and health-related issues. He also talked about possible reasons for Odisha's people's higher longevity despite its socio-economic backwardness. Further, he suggested writing good projects to get funding from the Indian Council of Medical Research (ICMR). During his deliberations, he emphasized on Sarcopenia research. He mentioned about Department of the Science and Technology (DST) project entitled 'Technology Interventions for Disabled and Elderly (TIDE).'Organizing camps for the aged population in collaboration with NGOs, like Help Age India, is another suggestion made by Prof.Dey.

Prof. Atanu K. Pati summarised the suggestions given by Prof. Thakur and Prof. Dey. He emphasized the study of nutrition and food habits for a probable explanation of higher longevity in Odisha. According to him, writing projects for funding (Institutional and individual) and working on the project in line with the original proposal should go

#### Minutes of the Meeting

A meeting between a team of faculties from the Gangadhar Meher University, Sambalpur and a team of researchers from the Veer Surendra Sai Institute of Medical Sciences and Research (VIMSAR), Burla was held 12 Noon on 08.04.2021 at Medical Research Unit, VIMSAR.

The meeting's primary purpose was to:

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- (1) Identify key areas of research on Geriatrics and Gerontology for possible collaboration between Centre of Excellence on Odisha Center for Geriatrics and Gerontology (GMU) and Veer Surendra Sai Institute of Medical Sciences and Research (VIMSAR), Burla
- (2) Discuss about the modalities to have a MoU with VIMSAR for implementation of the Geriatric Project.

Prof. Sibabrata Das, Dr. Santosh Kumar Sethi, Dr. Raghunath Satpathy, Dr. Pradosh Kumar Acharya from GMU and Dr. Atanu Thakur, Dr. Bimal K. Panda, Dr. Subrat Pradhan, Dr. Mamata Pandey and Dr. Sunita Patra from VIMSAR attended the meeting.

After a thorough discussion the following areas of collaboration have been identified:

- 1. Molecular genomics research such as identification of genes related to ageing process, epigenetic analysis and their expression pattern.
- The study of diseases associated with old age, such as diabetes, chronic kidney diseases, Sarcopenia, muscular skeletal diseases and neurological and psychological disorders.
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- 5. Prevalence of endemic diseases in elderly population in the western Odisha.

It was decided to prepare a list of equipments required as per the research objectives. VIMSAR team has expressed their willingness to use medical records as well as laboratory equipments available with VIMSAR for research. In addition to the laboratory research, both teams have agreed to undertake community based research. To get an idea about the interface between socioeconomic backgrounds and prevalence of old age diseases a questionnaire survey will be conducted for the elderly patients visiting OPD. It was also decided to finalise a team of researchers from both GMU and VIMSAR to be involved in the collaborative research. Further, it was decided to prepare a draft of the MoU for future course of action. After the meeting both teams met Director, VIMSAR and apprised him of the decisions taken in the meeting.

## Summary of the Discussion Review Meeting

A meeting was conducted by the Department of Higher Education to review the physical and financial progress of the Center of Excellence on 'Odisha Center for Geriatrics and Gerontology' on 12.05.2021, 11 AM. The review meeting was attended by:

- 1. Prof. Asoka Kumar Das, Vice-Chairman, OSHEC
- 2. Mr. Lingaraj Panda, State Project Director, OHEPEE
- 3. Prof. Tatwamasi Paltasingh, Mentor, Centre of Excellence
- 3. Mr. Girish Chandra Singh, Registrar, Gangadhar Meher University
- 4. Dr. Hema Kumar Nayak, Associate Professor, School of Zoology, GMU
- 4. Prof. Sibabrata Das, Coordinator, Centre of Excellence

Prof. Sibabrata Das, Coordinator of Center of Excellence presented the progress. After the presentation, Vice-chairman of the OSHEC, Prof. Asoka K. Das asked to finalise the following as early as possible:

- 1. List of goals to be achieved (defining the Objectives)
- Nature of Involvement of different departments in tune with the goals (the question of involvement of too many departments (11) was also raised by the Vice-Chairman. He also mentioned about three broad areas of research-Health care and disease pattern, Cognitive dimension; and economic and social security).
- 3. Procurement plans
- 4. Preparation of 4-5 funded research project

#### Further he suggested for:

- Organising a web meeting of the members of Advisory committee, Mentor and Vice-Chairman and other internal members to finalise the course of action as early as possible.
- 2. Introducing a skill course (certificate) on 'Geriatric Care'
- Defining the function of the Advisory Committee. As per the suggestion made in the meeting, Vice-Chancellor should be the chairman and the coordinator should be the convener of the advisory committee.

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Prof. Udaya Mishra emphasized studying the magnitude of adverse characteristics of the elderly population. As the share of elderly in the total population increased significantly over the past decades and are expected to rise dramatically in the future, he called for prospective aging inquiry for the future. In this connection, he advised working on issues, such as disabilities through age and rehabilitation, postponement of chronic diseases, and community engagement, etc. His other suggestions include:

- 1. Publication of intermediate outputs through provisional working papers.
- 2. Publication of 'Odisha Aging Report' by including aging trends, regional patterns, and government programs/schemes annually.
- 3. Developing a small module course on 'Ageing and Development.'

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As it was finalized in the first advisory committee meeting to begin the work from Sambalpur district, a 10×10 Km² grid map was prepared. Prof. Mishra suggested adopting a systematic sampling method for the selection of the sample grids and the households within each randomly selected grid.

Prof. Atanu K. Pati summarised the suggestions given by the esteemed members. After the deliberations, the Registrar of the university, Mrs. Jugaleswari Dash, proposed a formal vote of thanks, and Prof. N. Nagaraju, Vice-Chancellor of GMU, declared the closure of the meeting.

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### Minutes Second Meeting of the Advisory Committee

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Odisha Center for Geriatrics and Gerontology
Amruta Vihar, Sambalpur
31.07.2021

The second meeting of the advisory committee for the Odisha Center for Geriatrics and Gerontology (OCGG), GM University, Amruta Vihar, Sambalpur was held at 3:00 PM on 31.07.2021 on hybrid mode. The meeting's primary purpose was to review the progress of the OCGG and to work on the timeline for the future course of action. The Honourable Vice-Chancellor and the esteemed members of the Advisory Committee - Prof. Atanu Kumar Pati, Prof. Mahendra K. Thakur, and Prof. Udaya S. Mishra, Mentor of the Center - Prof. Tattwamasi Paltasingh, Coordinator of the center, Registrar, Deputy Registrar, Heads of all participating schools, and the university's faculty members attended the meeting.

The meeting commenced with the inaugural address by the Honorable Vice-Chancellor of Gangadhar Meher University - Prof N. Nagaraju, followed by a brief presentation on the progress of the COE by the coordinator - Prof. Sibabrata Das. The work progress of the center is summarized as follows:

- The center has developed the guideline for a 'Certificate Program on Geriatrics Care' which will be offered in the next academic session.
- The center is conducting a Webinar series on the issues related to aging and the aged population
- The center is creating a database of available secondary data (Census of India and the First wave of Longitudinal Ageing Survey of India) on the aged population, which will be used for research publications.
- The center is in the process of developing a research design and interview schedule for fieldwork.

Prof. Atanu Kumar Pati initiated the discussion on the original objectives of the project and proposed a set of revised objectives (outlined below).

- · To conduct a systematic mapping study of trends in health problems and disabilities
- To evaluate the status of sarcopenia
- To determine sleep quality and cognitive abilities
- · To study economic and social security aspects
- To enumerate the health care management practices in Odisha

Prof. M.K. Thakur suggested to include Post-Covid Neurological complications among the elderly population. Prof. Paltasingh, the mentor of the center, highlighted the need of studying old age homes.

## Summary of the Discussion Advisory committee Meeting

An advisory committee meeting was conducted by the Odisha Center for Geriatrics and Gerontology on 04.09.2021, 11 AM. The meeting was attended by:

1. Prof. N. Nagaraju, Vice Chancellor, GMU

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- 2. Prof. Asoka Kumar Das, Vice-Chairman, OSHEC
- 3. Prof. Atanu Kumar Pati Former Vice-Chancellor of GM University; Former Professor of Bioscience, and Dean at PRSU, Raipur
- 4. Prof. M.K.Thakur Former President of the Association of Gerontology (India) from 2004-2006, and Former Head and Dean of Department of Zoology, BHU, Varanasi
- 5. Prof. Arvind K. Joshi Professor of Sociology, BHU; Life Member of the Association of Gerontology (India)
- 6. Prof. Udaya S. Mishra, Professor, Centre for Development Studies, Trivandrum
- 7. Dr. Duvvuru Jamuna Hon. Vice-Chancellor, SPMVV, Tirupati
- 8. Mrs. Jugaleswari Das, Registrar, GMU
- 9. Dr. Uma Charan Pati, Deputy Registrar, GMU
- 10. Prof. Tatwamasi Paltasingh, Mentor, Centre of Excellence
- 11. Prof. Sibabrata Das, Coordinator, Centre of Excellence

Prof. Sibabrata Das, Coordinator of Center of Excellence presented the progress. He presented the decision taken by the Advisory committee as follow:

- a. The meeting of the advisory committee will be held at once in every six month.
- b. As per the recommendation of the advisory committee, the centre has revised the major objectives;
  - 1. To conduct a systematic mapping study of trends in demography, health problems and disabilities
  - 2. To evaluate the status of sarcopenia
  - 3. To determine the sleep quality and cognitive abilities
  - 4. To study economic and social security aspects; and health care management practices
- c. To publish provisional working papers
- d. To offer certificate programme on "Geriatric Care"

After the presentation, Vice-chairman of the OSHEC, Prof. Asoka K. Das pointed out the following points;

- 1. There is less focus on the geriatric part comparing gerontology. Keeping low profile on geriatric issues but need to do active participation of medical colleges and medical professions.
- 2. Collaboration with medical colleges/institutions and profession.

The other members also agreed on the revised objectives of the centre as it's specific along with suggested incorporating the issues of nutrition, sleep quality, sarcopenia, fall, depression, psychological issues, financial issues, social security and other issues of the old age population.

#### Minutes of the Meeting

A OCGG committee meeting was held on 5th November 2021 at 4 PM in Room No. 51, School of Chemistry, GMU. The following members were present:

- 1. Dr. Monalisa Mohapatra, PI, OCGG, Associate Professor, Chemistry
- 2. Dr. Nibedita Nath, Co-PI, OCGG, Assistant Professor, Anthropology
- 3. Dr. Manosmita Mahapatra, Co-PI, OCGG, Assistant Professor, Sociology
- 4. Dr. Raghunath Satpathy, Co-PI, OCGG, Assistant Professor, Biotechnology

Agenda: Discussion on objectives of the centre.

#### Resolution:

After a thorough discussion the following decision has been taken;

- 1. The Co-PI of different departments discussed about the details of the revised objectives of the project.
- 2. The committee unanimously decided to conduct a pilot study at the initial level to find out the validation of the study.
- 3. The Co-PI were instructed to find out old age homes in Sambalpur for the conduct of pilot study.
- 4. The P.I Dr. Monalisa Mohapatra advised to all the Co-PI for the conduct of regular meetings on the project work and initiate the project research work immediately.

Signature of members

Dr. Monalisa Mohapatra

Dr. Nibedita Nath

Pr. Raghunath Satpathy

Dr. Manosmita Mahapatra

#### Minutes of the Meeting

A OCGG committee meeting was held on 8th November 2021 at 4 PM in Room No. 51, School of Chemistry, GMU. The following members were present:

- 1. Dr. Monalisa Mohapatra, PI, OCGG, Associate Professor, Chemistry
- 2. Dr. Nibedita Nath, Co-PI, OCGG, Assistant Professor, Anthropology
- 3. Dr. Manosmita Mahapatra, Co-PI, OCGG, Assistant Professor, Sociology M. Nobella 1990/100
- 4. Dr. Ashok Kumar Tarai, Co-PI, OCGG, Assistant Professor, Philosophy
- 5. Dr. Raghunath Satpathy, Co-PI, OCGG, Assistant Professor, Biotechnology
- 6. Dr. Nirupama Sahoo, Co-PI, OCGG, Assistant Professor, Statistic
- 7. Dr. Doleswar Bhoi, Research Associate, OCGG, GMU

Agenda: Discussion on questionnaires, objectives of the centre and conduct of pilot studies.

#### Resolution:

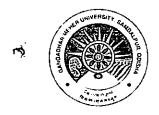
After a thorough discussion the following decision has been taken;

- 1. Each Co-PI will submit around 20 questions related to their area linking with objectives of the Center.
- 2. Economics and Psychological related questions will be submitted by Dr. Manosmita Mahapatra and Dr. Nibedita Nath respectively on or before 19th of November, 2021.
- 3. In Sambalpur, five old age home has been identified. For collective information from there, Dr. Raghunath Satpathy is preparing a standard scheduled and has to submit the final document on or before 19th of November, 2021.
- 4. After finalization of questionnaires, pilot study shall be carried out.
- 5. PI of the Centre has suggested that the respective departments should give priority for publication of the same by acknowledging the Centre.

Signature of members

Dr. Monalisa Mohapatra

Dr. Doleswar Bhoi



#### ODISHA CENTRE FOR GERIATRIC AND GERONTOLOGY

#### GANGADHAR MEHER UNIVERSITY. AMRUTA VIHAR, SAMBALPUR (ODISHA)-768004

EMAIL: ocgg@gmuniversitv.ac.in

Date: 19 / 11 / 2021

#### Minutes of the Meeting

An internal meeting among the PI and Co-PI of OCGG was held on 19th November 2021 at 4 PM in Room No. 51, School of Chemistry, GMU. The following members were present in the meeting:

- Dr. Monalisa Mohapatra, Pl, OCGG, Associate Professor, Chemistry
- Dr. Nibedita Nath, Co-PI, OCGG, Assistant Professor and Head, School of Anthropology
- 3 Dr. Manosmita Mahapatra, Co-PI, OCGG, Assistant Professor and Head, School of Sociology
- Dr. Raghunath, Satpathy, Co-PI, OCGG, Assistant Professor, School of Biotechnology 4
- 5 Dr. Asoka Kumar Tarai, Co-PI, OCGG, Assistant Professor, School of Philosophy
- 6 Dr. Nirupama Sahoo, Co-PI, OCGG, Assistant Professor, School of Statistics
- 7 Dr. Doleswar Bhoi, Research Associate, OCGG
- Pritipadma Sahu, Research Assistant, OCGG

Agenda: Discussion on Questionnaire for Old Age-Home

Resolution: After a thorough discussion the following decision has been taken;

- 1. All Co-PI will send the questions of respective areas to OCGG email-Id i.e., ocgg@gmuniversity.ac.in
- 2. Questions related to psychological aspect of the study and few questions on anthropometric measurements has been received by Dr. Nibedita Nath from Dr. R. Goswami and Dr. K. Rath respectively. She will share the questions with the center.
- 3. Research Associate and Research Assistant of the center will combine all questions received from Co-PIs and make draft of the combined questionnaire for the pilot study.
- 4. Dr. Nirupama Sahoo will check the questionnaire once it is ready, for the validation and modification if needed.
- 5. After finalization of the questionnaire by Co-PIs and PI, a meeting will be organized with Prof. Atanu Kumar Pati, Chairman, Advisory Committee, OCGG for finalization of questionnaire.
- 6. A Standard Operation Procedure (SOP) for field work will be made and finalized by PI after discussion with the concerned person of the administrative wing and higher authorities.
- 7. Rapport will be established with all Old Age Homes before the pilot study for smooth collection of data.
- 8. A consolidated report shall be prepared by OCGG after the completion of field work.
- Dr. Nibedita Nath was given the responsibility of creation of a web page for the center in GMU website. She will coordinate with the System Manager regarding this.

Signature of members

Dr. Monalisa Mohapatra

Di. Nibedita Nath

Dr. Manosmita Mahapatra

Dr. Raghunath Satpathy

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#### **Center of Excellence**

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# ODISHA CENTRE FOR GERIATRIC AND GERONTOLOGY GANGADHAR MEHER UNIVERSITY, AMRUTA VIHAR, SAMBALPUR ODISHA-768004, EMAIL: ocgg@gmuniversity.ac.in

Date: 30/11\_/2021

#### Minutes of the Meeting

An internal meeting among the PI, Co-PI, Invitees, Research team of OCGG was held on 30<sup>th</sup> November 2021 at 3:30 PM in Room No. 51, School of Chemistry, GMU. The following members were present in the meeting:

- 1 Dr. Monalisa Mohapatra, PI, OCGG, Associate Professor, Chemistry
- 2 Dr. Nibedita Nath, Co-PI, OCGG, Assistant Professor and Head, School of Anthropology
- 3 Dr. Manosmita Mahapatra, Co-Pl, OCGG, Assistant Professor and Head, School of Sociology
- 4 Dr. Raghunath Satpathy, Co-PI, OCGG, Assistant Professor, School of Biotechnology
- 5 Dr. Ashoka Kumar Tarai, Co-PI, OCGG, Assistant Professor, School of Philosophy
- 6 Dr. Nirupama Sahoo, Co-Pl, OCGG, Assistant Professor, School of Statistics
- 7 Dr. Kalyani Rath, Invitee, Assistant Professor, School of Anthropology
- 8 Dr. Doleswar Bhoi, Research Associate, OCGG
- 9 Pritipadma Sahu, Research Assistant, OCGG

Agenda: Discussion regarding compilation of Questionnaire for field work at Old Age-Home and SOP for field work.

Resolution: After a thorough discussion the following decision has been taken;

- 1. Dr. Nirupama Sahoo will finalize the interview schedule and all Co-PI will coordinate with her for addition/deletion of the question(s) of their respective portion with regarding to the repetitions of question in the questionnaire.
- 2. The questions of interview schedule will be arranged sequentially in the following order: Sociology, Anthropology, Psychology, Philosophy and others. The questions should be in proper sequence.
- PI has identified and advised to incorporate questions on old-age Home, Pension Schemes and Gender issues in the questionnaire.
- 4. A Group Email will be created for official communication among PI, Co-PIs and Research Team of OCGG
- 5. A Standard Operation Procedure (SOP) for field work will be prepared by Dr. Doleswar Bhoi on the basis of the discussions made in the meeting. He will share it with Dr. Raghunath Satpathy for finalization. The SOP will be accordance with Covid-19 guide lines.
- Rapport will be established with all Old Age Homes by visiting to the OAHs before the pilot study for smooth collection of data.
- 7. As the research is on Old age population. Dr. Ashoka Kumar Tarai proposed an idea to provide/give token of appreciation to the respondents. This may be in the form of kind or other services like health camp or provide medicine which can be used by all persons of the old age home.
- 8. The Co-PIs suggested to engage field investigators by for collection of data along with research team to speed up the work.
- 9. The field investigators should be paid TA, DA and remuneration on daily basis. It was proposed to provide a remuneration of Rs.1000/- per day including TA Rs.200/- and DA Rs.300/- and per day remuneration -Rs. 500/- to each field investigator.
- 10. Research team of OCGG, Co-PIs and faculties of the university, who will go for data collection, should be paid TA and DA as per university norms.
- 11. The field investigators/Assistants will be trained properly before they are sent for field work for collection of data.
- 12. Dr. Nibedita Nath handed over the write up for the webpage of the OCGG to Dr. Doleswar Bhoi to share it in the group to get everyone's suggestions.
- 13. Dr. Manosmita Mahapatra has been given responsibility of finalization of minutes of all the meetings of OCGG.

Signature of member

Dr. Monalisa Mohapatra

Dr. Nibedita Nath

Signature of members

M. Wahapatha

Nath Dr. Manosmita Mahapatra

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Dr. Doleswar Bhoi

Pritinadma Sahu

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#### **Center of Excellence**

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### ODISHA CENTRE FOR GERIATRIC AND GERONTOLOGY

GANGADHAR MEHER UNIVERSITY, AMRUTA VIHAR, SAMBALPUR ODISHA-768004, EMAIL: ocgg@gmuniversity.ac.in

Date: <u>22/12\_/2021</u>

#### Minutes of the Meeting

An internal meeting among the PI, Co-PI. Invitees, Research team of OCGG was held on 22<sup>th</sup> December 2021 at 4:30 PM through online Google meet. The following members were present in the meeting:

- Prof. Atanu Kumar Pati, Invitee, Former Vice Chancellor of GMU
- 2 Dr. Monalisa Mohapatra, PI, OCGG, Associate Professor, Chemistry
- 3 Dr. Nibedita Nath, Co-PI, OCGG, Assistant Professor and Head, School of Anthropology
- 4 Dr. Manosmita Mahapatra, Co-PI, OCGG, Assistant Professor and Head, School of Sociology
- 5 Dr. Raghunath Satpathy. Co-PI, OCGG, Assistant Professor, School of Biotechnology
- 6 Dr. Ashoka Kumar Tarai, Co-PI, OCGG, Assistant Professor, School of Philosophy
- 7 Dr. Nirupama Sahoo, Co-PI, OCGG, Assistant Professor, School of Statistics
- 8 Dr. Doleswar Bhoi, Research Associate, OCGG
- 9 Pritipadma Sahu, Research Assistant, OCGG

Agenda: Discussion of SOP, Questionnaire and Pilot study with Prof. Atanu Kumar Pati Sir

Resolution: After a thorough discussion the following decision has been taken;

Prof. Atanu Kumar Pati gave some important and valuable suggestions regarding SOP questionnaire and the pilot survey.

- Prof. Pati also suggested few changes in the SOP for field work.
- He suggested to use voice recorder at the time of interview of respondents during the field work so that the recorded voice can be transcribed and translated later on for better analysis.
- The picture should be taken at the field on the arrival and send it to the Head Quarter. The picture should bear the date and time.
- Most of the respondents may not know English, therefore the questionnaire should be translated to local language i.e.
   Odia and it should be asked in Odia.
- The time should be noted while using the instruments like Glucometer, Sphygmomanometer for noting down the blood sugar and Blood Pressure of the respondents as the reading varies as per time.
- Incase of use of any standard questionnaire from any sources, the source should be mentioned in the questionnaire.
- Permission should also be taken from the concerned person or organization.
- The questions or any standard questionnaire available in open sources like Google may not require any prior permission from the concerned authority/Institutions.
- Before conducting pilot study the Institute must take permission from the concerned authority of the district(Collector or other) or of the study area through proper channel.

Signature of members

Dr. Monalisa Mohapatra

22/12/7

M. Mahapatra Dr. Manosmita Mahapatra

Dr. Raghunath Satpathy

Dr. Ashoka Kumar Tarai

Dr. Nirupama Sanoo

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Dr. Doleswar Bhoi

Pritipadma Sahu

#### Summary of the Discussion Review Meeting

A online meeting was conducted by the Department of Higher Education to review of the programme Centre of Excellences (CoE) on 04.01.2022, 03 PM. The review meeting was attended by:

- 1. Prof. Asoka Kumar Das, Vice-Chairman, OSHEC
- 2. Prof. Atanu Kumar Pati Former Vice-Chancellor of GM University; Former Professor of Bioscience, and Dean at PRSU, Raipur
- 3. Vice Chancellors of State Universities
- 4. State Project Director, OHEPEE
- 5. Representative/ Nominee of World Bank
- 6. Mentors, CoE
- 7. All Coordinators, CoE

The review meeting started with the welcome remark and Introduction about the CoE by the State Project Director, OHEPEE. He high light that there are 12 CoE present in all over Odisha state University. However, it has given in two phases, in first phase they provided fund to 9 CoE and during second phase there are only 3 number of CoE. It has stated 2017. There are 98 publications made by the all CoE in Scopus and others journal.

Vice Chairperson of OSHEC, Professor Asoka Kumar Das, highlighted the importance of CoE in the state university in Odisha. The aims of the CoE are to develop of multidisciplinary research, provide adequate instruments, create a research environment and coordination among universities. Beside this, he said, the mentors of the CoE are from both Odisha as well outside Odisha having expertise on their respective research field. They all are working well and satisfactory. He also highlight the importance of Research Associate/ Post-Doctoral Fellow of the Centre.

The Coordinators of the CoE presents their progress in front of the OHEPEE as follows;

- 1. Sambalpur University, Sambalpur. Title of CoE is "Natural products and Therapeutics".
- 2. Ravenshaw University, Cuttack. Title of CoE is "Environment and Public Health".
- 3. Utkal University, Khurda. Title of CoE is "Integrated Omics and Computational Biology".
- 4. Berhampur University, Ganjam (Previously in Khallikote University). Title of CoE is "Bioprospecting of Ethnopharmaceticals in Southern Odisha".

- 5. FM Universty, Baleswar. Title of CoE is "Bio Research Management and Energy Conservation Material Development (Part-A)".
- 6. FM Universty, Baleswar. Title of CoE is "Bio Research Management and Energy Conservation Martial Development (Part-B)".
- 7. Berhampur University, Ganjam. Title of CoE is "Nano Science & Technology for Development of Sensors".
- 8. Sambalpur University, Sambalpur. Title of CoE is "Regional Development Studies".
- 9. Utkal University, Khurda, Title of CoE is "Centre for Studies on Tribal and Marginalized Communities".
- 10. RD Women's University, Bhubaneswar. Title of CoE is "Translation and Life Writing".
- 11. Ravenshaw University, Cuttack. Title of CoE is "Centre for Odishan Studies".
- 12. GM University, Sambalpur. Title of CoE is "Odisha Centre for Geriatrics and Gerontology (OCGG)".
- 13. Utkal University, Khurda. Title of CoE is "Centre for Human Capital Development".

After completion of each presentation by coordinator, the nominee of the World Bank and Vice-Chairman along with others members asked some questions for clarification.

The progress of Odisha Centre for Geriatric and Gerontology, G.M. University, Sambalpur presented by the coordinator Dr. Monalisha Mohapatra, Associate Professor, School of Chemistry, G.M. University. She highlighted that the Centre is the first ever centre on study of Old age population in Odisha and its one of the most important centre. The centre aims to study the social, biological, physiological aspect of the older people in Odisha. The centre has already prepared the SOP and Questionnaire for field work. The pilot study has been started at Dhankauda. Moreover, one research paper has been communicated for the publication and few more articles are under process. One research project has been communicated to Indian Council of Social Sciences Research, New Delhi.

Lastly, the Vice- Chairman praised that all the coordinators of the CoE for their progress despite the pandemic time. The CoE may create a research Eco-System in the state. Moreover, he suggested that there should be further discussion for the progress of the CoE.

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#### ODISHA CENTRE FOR GERIATRIC AND GERONTOLOGY GANGADHAR MEHER UNIVERSITY, AMRUTA VIHAR, SAMBALPUR ODISHA-768004, EMAIL: ocgg@gmuniversity.ac.in

Date: 06/01 /2022

#### Minutes of the Meeting

An internal meeting among the PI, Co-PI, Research team of OCGG was held on 06<sup>th</sup> January 2022 at 4:00 PM at Room No. 51, School of Chemistry, GMU. The following members were present in the meeting:

- 1 Dr. Monalisa Mohapatra, PI, OCGG, Associate Professor, Chemistry
- 2 Dr. Manosmita Mahapatra, Co-PI, OCGG, Assistant Professor and Head, School of Sociology
- Dr. Raghunath Satpathy, Co-PI, OCGG, Assistant Professor, School of Biotechnology 3
- Dr. Ashoka Kumar Tarai, Co-PI, OCGG, Assistant Professor, School of Philosophy
- Dr. Nirupama Sahoo, Co-PI, OCGG, Assistant Professor, School of Statistics
- Dr. Sujit Kumar Jally, Co-Pl, OCGG, Assistant Professor, School of Geography
- 7 Dr. Doleswar Bhoi, Research Associate, OCGG
- Pritipadma Sahu, Research Assistant, OCGG

Agenda: Discussion of Working Papers of the Centre and Suggestion given by Prof. Tattwamasi Paltasingh, Mentor of OCGG.

Resolution: After a thorough discussion the following decision has been taken:

- PI and Coordinator of the Centre briefing about the last review meeting with OHEPEE and World Bank. She also highlighted the valuable suggestions given by the Mentor of OCGG. The suggestions are;
  - The collaborating departments should start identifying different themes and write some Working Papers (WPs). These papers can be written by independent departments or in collaboration with others at GMU.
  - 2. There can be institutional collaborations with OCGG at State, National and International level. These Collaborating Institutions can be finalised in consultation with the members of advisory committee
  - 3. The concerned faculty members or Co-PI can take at least one research scholar related to OCGG which can help in bringing out some research outputs.
  - 4. One preparatory meeting can be arranged before having a meeting with the advisory committee of OCGG by the end of January.
  - 5. Specific themes can be identified for conducting research studies.
  - Some concrete outputs can be brought out in terms of publication of Working Paper(s), research reports, followed by some publications as book chapters or in journals.
- PI suggested all Co-PIs for working individual papers on Geriatrics and Gerontology. This can help Individual growth with centre development.
- All Co-PIs agree on the importance of working papers on centre themes and are willing to contribute Individual paper(s).
- Dr. Raghunath Satpathy suggested, organising a training programme on issues related to Sarcopenia of Older persons with the Collaborating institutions.
- Dr. Ashoka Kumar Tarai suggested discussing the working paper within research teams of the centre.
- National seminar(s) should be organised on various themes of OCGG.

Signature of members

M. partegort 6/1122 Dr. Manosmita Mahapatra

Dr. Ashoka Kumar Tarai

Dr. Ashoka Kumar Tarai

Dr. Ashoka Kumar Tarai

Dr. Raghunath Satpathy

Dr. Raghunath Satpathy





#### **Center of Excellence**

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#### ODISHA CENTRE FOR GERIATRIC AND GERONTOLOGY

GANGADHAR MEHER UNIVERSITY, AMRUTA VIHAR, SAMBALPUR ODISHA-768004, EMAIL: ocgg@gmuniversity.ac.in

Date: 24/02/2022

#### Minutes of the Meeting

An internal review meeting of OCGG was held on 24th February 2022 at 3:00 PM through online Google meet. The following members were present in the meeting:

- 1 Prof. N Nagaraju, Vice-Chancellor of GMU
- 2 Prof. Atanu Kumar Pati, Chairman, Advisory Committee, OCGG
- 3 Prof. Tattwamasi Paltasingh, Mentor, OCGG
- 4 Dr. Monalisa Mohapatra, PI, OCGG, Associate Professor, School of Chemistry
- 5 Dr. Nibedita Nath, Co-PI, OCGG, Assistant Professor and Head, School of Anthropology
- 6 Dr. Sujit Kumar Jally, Co-PI, OCGG, Assistant Professor, School of Geography
- 7 Dr. Manosmita Mahapatra, Co-PI, OCGG, Assistant Professor and Head, School of Sociology
- 8 Dr. Raghunath Satpathy, Co-PI, OCGG, Assistant Professor, School of Biotechnology
- 9 Dr. Nirupama Sahoo, Co-PI, OCGG, Assistant Professor, School of Statistics
- 10 Dr. Doleswar Bhoi, Research Associate, OCGG
- 11 Pritipadma Sahu, Research Assistant, OCGG

Agenda: Discussion on Progress of OCGG and way forward.

#### Resolution:

- Dr. Monalisa Mohapatra, PI, OCGG presented the progress of the center. She presented a
  detailed account on the Collaboration, University Assistance, Webinar Series, Certificate
  Programme/ Course Design, Outreach Programmes, and Outcomes achieved.
- Prof. Atanu Kumar Pati gave his valuable suggestions;
  - (i) He suggested writing review papers and research articles related to the research objectives of the center.
  - (ii) He advised publishing research article(s)/ review papers in Science Citation Index (SCI), Social Sciences Citation Index (SSCI), and the Arts and Humanities Citation Index (AHCI) journals and Scopus-indexed journals. However, UGC Care journals, other than WoS and Scopus journals, may also be considered.
  - (iii)The center should identify the location and subject before fieldwork is conducted.
  - (iv) He suggested de-centralizing the activities of the center and assigning the responsibility to the Co-PIs.
  - (v) He suggested accelerating the procurement process.
- Prof. Tattwamasi Paltasingh gave valuable suggestions as follow;
  - (a) She suggested all the Co-PIs should be encouraged to prepare working papers on the themes related to the center and later on can be published as research papers/ articles.
  - (b) Co-PIs should be given specific responsibilities related to OCGG.
  - (c) Co-PIs may work and assigned the research topics related to Geriatrics and Gerontology to their Ph.D. Scholars (at least one). Co-PIs should write research papers/ working papers with their students on the related themes of the Centre. The Post Graduate students should be

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- (d) She suggested increasing the number of Co-PIs.
- (e) Based on the objectives of the center, Co-PIs may be divided into groups along with responsibilities for smooth functioning and activities related to the research work.
- (f) The prepared Questionnaire/Interview schedule is lengthy and big. So, she suggested making the whole Questionnaire/Interview schedule into three or four sets of questionnaires based on the objectives. The Questionnaire/Interview schedule should be lucid and use simple terminology. A separate study can be carried out with the help of each set of Questionnaire/Interview schedules.
- (g) She proposed to organize a webinar. She wanted to organize a webinar in collaboration with the center. However, she suggested all the Co-PIs should present a paper for the webinar, which is going to be published as an edited volume. She also suggested all Co-PIs should submit their paper before the conduct of the seminar.
- The honorable Vice-Chancellor suggested PI and Co-PIs should work in congruence with the technical advice given by Prof. Pati and Prof. Paltasingh.
- Another meeting will be held in the coming month.
- In the end, PI, OCGG summarized and concluded the meeting.

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#### **Center of Excellence**

#### **ODISHA CENTRE FOR GERIATRIC AND GERONTOLOGY** GANGADHAR MEHER UNIVERSITY, AMRUTA VIHAR, SAMBALPUR ODISHA-768004, EMAIL: ocgg@gmuniversity.ac.in

Date: 15/03/2022

#### Minutes of the Meeting

An internal meeting among the PI, Co-PI, Research team of OCGG was held on 15th March 2022 at 4:00 PM. The following members were present in the meeting:

- Dr. Monalisa Mohapatra, PI, OCGG, Associate Professor, School of Chemistry
- 2 Dr. Nibedita Nath, Co-PI, OCGG, Assistant Professor and Head, School of Anthropology
- Dr. Sujit Kumar Jally, Co-PI, OCGG, Assistant Professor, School of Geography
- Dr. Manosmita Mahapatra, Co-PI, OCGG, Assistant Professor and Head, School of Sociology
- Dr. Raghunath Satpathy, Co-PI, OCGG, Assistant Professor, School of Biotechnology
- 6 Dr. Nirupama Sahoo, Co-PI, OCGG, Assistant Professor, School of Statistics
- Dr. Rupashree B. Kumari, Co-PI, OCGG, Assistant Professor, School of Psychology
- 8 Dr Pratima Sarangi, Co-PI,OCGG, Assistant Professor, School of Political Science
- Dr. DoleswarBhoi, Research Associate, OCGG
- 10 Pritipadma Sahu, Research Assistant, OCGG

Agenda: Discussion on Progress of OCGG and responsibilities of Co-PIs

#### Discussion and Resolution:

- Dr. MonalisaMohapatra, Pl, OCGG discussed the last review meeting minutes and high lights of the suggestions given by Prof. Pati and Prof. Patlasingh, held on 24th February 2022.
- She has elaborated the role and responsibilities of Co-PIs of OCGG for the sustainable development and progress of the centre. Each Co-PIs has been given specific responsibilities of the centre and will be responsible for any sort of dislocations or non-compliance.
- With regards to making the questionnaire into ¾ set of questionnaire, all Co-PIs have different opinion. The objective distribution list was made for all Co-PIs of OCGG.
- The file movement of the specific work should be initiated by the respective Co Co-ordinator.
- While writing the research article/working paper based on Geriatrics and Gerontology, Co-PIs should affiliate the centre and acknowledge the World Bank and OHEPEE.
- Dr. Nibedita Nath suggested that the collaborating department of Co-PIs of OCGG may assign P.G. project work (4th semester of PG students) on the topics related to Geriatrics and Gerontology.

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- a) He pointed out about the slow functioning of the Field work.
- b) Additionally, he emphasized on the fund allocation for the field work, hiring field investigators (~20 numbers) for smooth conduction of the field work.
- c) He suggested to provide the remuneration of (~500/-) per day to the appointed field investigators.
- d) He checked the filled questionnaire and SOP also suggested for an Odia translated version of the questionnaire.
- e) He suggested to finish the socio-economic portion of the questionnaire before going to collect the information on sleep quality measurement.
- f) The sleep quality measurement has to be measured by taking different age groups such as young (<40, 40-49, 50-59) and elderly (60-69, 70-79, >80) with 30 samples each be studied.
- g) He suggested to take approval of Certificate Course of OCGG from Syndicate members.

#### Signature of Members

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#### **ODISHA CENTRE FOR GERIATRIC AND GERONTOLOGY**

GANGADHAR MEHER UNIVERSITY,
AMRUTA VIHAR, SAMBALPUR (ODISHA)-768004
EMAIL: ocgg@gmuniversitv.ac.in

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No:	/OCGG-GMU	Date: 26/03/2022

#### Minutes of the Meeting

A OCGG Review meeting was held on 26<sup>th</sup> March 2022 in Room No. LG-1, GMU. The following members were present:

- 1 Prof. Atanu Kumar Pati, Chairman, Advisory Committee, OCGG
- 2 Prof. T. Paltasingh, Mentor, OCGG
- 3 Prof. Arti Parganiha, Resource Person, PRSU, Raipur
- 4 Dr. Monalisa Mohapatra, PI, OCGG, Associate Professor, Chemistry
- 5 Dr. Nibedita Nath, Co-PI, Assistant Professor and Head, School of Anthropology
- 6 Dr. Raghunath Satpathy, Co-PI, OCGG, Assistant Professor, School of Biotechnology
- 7 Dr. Nirupama Sahoo, Co-PI, OCGG, Assistant Professor, School of Statistics
- 8 Dr. Rupashree B. Kumari, Co-PI, OCGG, Assistant Professor, School of Psychology
- 9 Dr. Sujit Kumar Jally, Co-PI, OCGG, Assistant Professor, School of Geography
- 10 Dr. Subhankari Pati, Co-PI, OCGG, Assistant Professor, School of Philosophy
- 11 Dr. Doleswar Bhoi, Research Associate, OCGG
- 12 Pritipadma Sahu, Research Assistant, OCGG

Agenda: Review of OCGG activities and way forward.

#### Discussion and Resolution:

- 1. A workshop is organized by OCGG on "Human Sleep Rhythm Analysis". All the faculties associated with the centre along with OCGG staffs were participated in this workshop. Professor A.K. Pati and Prof. Arti Parganiha invited as resource person and subject experts. Prof. Pati delivered his lecture on the importance of sleep quality measurement for the elderly population by the Actigraphy measuring device. Professor Arti Parganiha elaborated the application of actigraphy based on output in case of the cancer patients. She also highlighted the challenges faced during her studies.
- 2. Dr. Monalisa Mohapatra, PI, OCGG has presented the progress of the OCGG.
- 3. After the presentation, Professor Pati has suggested the following concerns and points:

- IV. Dr. Sujit Kumar Jally along with the Research Associate should work on the village map which is necessary for the field work. In this regard, Dr. Sujit Kumar Jally requested that the centre should buy village maps from the Survey of India which cost may be around Rs.7,000/- to Rs.10,000/-.
- Dr. Nirupama Sahoo, Dr. Sujit Kumar Jally and Dr. Doleswar Bhoi will work on the data ٧.
- d) (He) asked Dr. Subhankari Pati to prepare a book proposal and theme-based paper related to various themes of the centre.
- e) With regard to webpage of the Centre, he suggested to upload the photos, videos and minutes of the workshop and minutes of meeting (approved by the authority) on the web page of OCGG
- 2. Dr. Monalisa Mohapatra, PI of the Centrepresented following benchmarks for progress of the centre:
  - a. Each faculty should communicate one research article or review paper by end of April.
  - b. Recruitment of the field investigators should be over by April 1<sup>st</sup> week.
  - c. Pilot study should be over by 10th April
  - d. Minimum 2000 samples should be collected by the end of April.

#### Signature of Members

Dr. Monalisa Mohapatra

Dr. Manosmita Mahapatra

Dr. Doleswar Bhoi



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#### ODISHA CENTRE FOR GERIATRIC AND GERONTOLOGY

#### GANGADHAR MEHER UNIVERSITY, AMRUTA VIHAR, SAMBALPUR (ODISHA)-768004

EMAIL: ocgg@gmuniversity.ac.in

Date: 30/03/2022

#### Minutes of the Meeting

An OCGG Review meeting was held on 30th March 2022 in Room No. LG-1, GMU. The following members were present:

- Prof. N. Nagaraju, Vice Chancellor, GMU
- 2 Prof. Mohin Mohammad, PGC, GMU
- Dr. Uma Charan Pati, Deputy Registrar, GMU
- Dr. Monalisa Mohapatra, PI, OCGG, Associate Professor, Chemistry
- Dr. Nibedita Nath, Co-PI, Assistant Professor and Head, School of Anthropology
- Dr. Raghunath Satpathy, Co-PI, OCGG, Assistant Professor, School of Biotechnology
- Dr. Manosmita Mahapatra, Co-PI, OCGG, Assistant Professor, School of Sociology
- 8 Dr. Nirupama Sahoo, Co-PI, OCGG, Assistant Professor, School of Statistics
- Dr. Rupashree B. Kumari, Co-PI, OCGG, Assistant Professor, School of Psychology
- 10 Dr. Sujit Kumar Jally, Co-PI, OCGG, Assistant Professor, School of Geography
- 11 Dr. Subhankari Pati, Co-PI, OCGG, Assistant Professor, School of Philosophy
- 12 Dr. Pratima Sarangi, Co-PI, Assistant Professor, School of Political Science
- 13 Dr. Doleswar Bhoi, Research Associate, OCGG
- 14 Pritipadma Sahu, Research Assistant, OCGG

Agenda: Review of OCGG activities and way forward.

#### Discussion and Resolution:

- 1. Honorable Vice Chancellor reviewed and noted the progress on the basis of responsibilities assigned to Co-PIs of the Centre and suggested following points:
- a) With regard to the certificate courses of the Centre, he advised Dr. Nibedita Nath and Dr. Raghunath Satpathy to look after all aspect of the courses starting from taking approval from the syndicate board to mobilization of students for the courses. He also suggested to give the teaching responsibilities to the faculties of associated schools with OCGG based on the contents of the syllabus. Re-consideration for reduction of the course fee for the certificate course should be placed before Academic council.
- b) With regard to MoU/ Collaboration, he advised Dr. Nirupama Sahoo to look after the upcoming collaboration with various institutions. In this regard, she might take the help of Dy. Registrar.
- c) Regarding field work of the center, he took the updates and suggested;
  - I. Identifying good field investigators (15-20) and train and monitor them for the field work.
  - II. Dr. Manosmita Mahapatra, Dr. Nibedita Nath and Dr. Doleswar Bhoi will take care of the recruitment of field investigators.
  - III. The questionnaire may divide into two sets based on social science and biological science.

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#### ODISHA CENTRE FOR GERIATRIC AND GERONTOLOGY GANGADHAR MEHER UNIVERSITY, AMRUTA VIHAR, SAMBALPUR ODISHA-768004, EMAIL: occi@gmuniversity.ac.in

Date: 02/04/2022

#### Minutes of the Meeting

An internalmeeting among the Co-PI, Invitees, Research team of OCGG was held on 02<sup>nd</sup> April 2022 at 4:00 PM. The following members were present in the meeting:

- 1 Dr. Nibedita Nath, Co-PI, OCGG, Assistant Professor and Head, School of Anthropology
- 2 Dr. Sujit Kumar Jally, Co-PI, OCGG, Assistant Professor, School of Geography
- 3 Dr. Manosmita Mahapatra, Co-PI, OCGG, Assistant Professor and Head, School of Sociology
- 4 Dr. Rupashree B Kumari, Co-PI, OCGG, Assistant Professor, School of Psychology
- 5 Dr. Nirupama Sahoo, Co-PI, OCGG, Assistant Professor, School of Statistics
- 6 Dr. Pradosh Kumar Acharya, Invitee, Assistant Professor and Head, School of Botany
- 7 Dr. Doleswar Bhoi, Research Associate, OCGG
- 8 Pritipadma Sahu, Research Assistant, OCGG

Agenda: Discussion on the recruitment of Field Investigators

#### Discussion and Resolution:

- 1. Dr. Nibedita Nath suggested Dr. Doleswar Bhoi to talk with Prof. Sibabrata Das and Dr. Sujit Jally about the detail methodology used in selection of different grids of Sambalpur district. And also, to discuss how much people/sample size selected from each grid.
- 2. She also suggested to follow up the files which deals with the purchase of village boundary map.
- 3. Dr. Pradosh Kumar Acharya suggested to put up the file for recruitmentof field investigators immediately.
- 4. With regards to the appointment of field investigator for the data collection, there are various opinion;
  - a) Dr. Manosmita Mohapatra suggested to take the help of 4<sup>th</sup> Semester students for the field work as they have complete paper on dissertation in this semester. Additionally, Dr. Mahapatra said, 5 students of School of Sociology are ready to do field work on the basis of daily payment of Rs.500/-. Dr. Pradosh Acharya said, there is no provision to give wages/honorium to the students. However, we can give Rs.200/- or Rs. 300/- perday. He also suggested the Co-PIs to take at least five students from their respective departments and should go for field work to speed up the field work
  - b) Dr. Nibedita Nath and Dr. Manosmita Mahapatra agreed that students will do field work at Dhankauda block as it is nearer.
  - c) Research Associate raised the question of engagement of investigators for data collection in other blocks/grids of the Sambalpur.
  - d) Dr. Nath raised the point of modification of the questionnaire/interview schedule after the pilot survey is over by the Research Associate and Research Assistant.

Dr. Nibedita Nath

Dr. Sujikkumar Jally

Dr Manosmita Mahanatra

Dr. Rapashree B Kumari

Dr. Nirupama Salı88

Dr. Pradosh Kumar Acharya

Dr. Doleswar Bhoi

Pritipadma Sahu

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#### ODISHA CENTRE FOR GERIATRIC AND GERONTOLOGY GANGADHAR MEHER UNIVERSITY, AWRUTA VIHAR, SAMBALPUR ODISHA-768004, EMAIL: ocqg@gmuniversity.ac.in

Date: 07/04/2022

#### Minutes of the Meeting

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An internal reviewmeeting among the PI, Co-PI, Invitees, Research team of OCGG was held on 7th April 2022 at 4:40 PM. The following members were present in the meeting:

- Prof. N Nagaraju, Vice Chancellor of GMU
- Dr. Monalisa Mohapatra, Pl. OCGG, Associate Professor, School of Chemistry 2
- Dr. Nibedita Nath, Co-PI, OCGG, Assistant Professor and Head, School of Anthropology 3
- Dr. Sujit Kumar Jally. Co-PI, OCGG, Assistant Professor, School of Geography 4
- Dr. Manosmita Mahapatra, Co-PI, OCGG, Assistant Professor and Head, School of Sociology 5
- Dr. Raghunath Satpathy, Co-PI, OCGG, Assistant Professor. School of Biotechnology 6
- Dr. Nirupama Sahoo, Co-Pl, OCGG, Assistant Professor, School of Statistics 7
- Dr. Rupashree B. Kumari, Co-Pl, OCGG, Assistant Professor, School of Psychology 8
- Dr. Subhankari Pati, Co-PI, OCGG, Assistant Professor, School of Philosophy 9
- 10 Dr. Pradosh Kumar Acharya, Assistant Professor and Head, School of Botany
- 11 Dr. Doleswar Bhoi, Research Associate, OCGG
- 12 Pritipadma Sahu, Research Assistant, OCGG

Agenda: Discussion on Progress of OCGG and way forward.

#### Resolution:

- 1. Honourable Vice Chancellor asked about the progress of field work and gave the following valuable suggestions;
- (i) Dr Manosmita Mahapatra and Dr. Nibedita Nath were asked to take only the final year students interested in the field work.
  - (ii) Students will be oriented for field work on 11 th April by Co-PIs including Dr. Pradosh Kumar Acharya.
  - (iii) Emphasis should be given to recruitment of Field investigators with the help of Dr. Pradosh Kumar Acharya.
  - (iv) Advertisement for field investigators will be given before 11.04.2022.
  - (v) Dr. Sujit Kumar Jally shall take steps to purchase of Systematic map by 8th April.
- (vi) Dr. Subhankari Pati was asked to prepare a concept file for a book on gerontology before 11.04.2022.
- (vii) The Co-PIs were asked to accompany for field work with the students.
- (viii) Dr. Nirupama Sahoo, Dr. Sujit Kumar Jally and Dr. Doleswar Bhoi to take the charge of data analysis.
- (ix) Regarding the finalinization of questionnaire, it will be divided into two sections after discussion among the PI and Co-PIs.
- 2. Dr. Manosmita Mahapatra informed about the last meeting with Dr. Pradosh Kumar Acharya and they were discussed about the field work.
- 3. As per the suggestion of Honourable Vice Charcellor, the training and tracking of the field investigator should be taken care of by Research Associate and Research Assistant of OCGG.

Signature of Members

Dr. Nibedita Nath

Dr. Pradosh Kumar Acharya



#### ODISHA CENTRE FOR GERIATRIC AND GERONTOLOGY

### GANGADHAR MEHER UNIVERSITY. AMRUTA VIHAR, SAMBALPUR (ODISHA)-768004

EMAIL: ocgg@gmuniversitv.ac.in

Date: 13/05/2022

#### Minutes of the Meeting

An OCGG Review meeting was held on 13th May, 2022 in Conference Hall, GMU. The following members were present:

- 1 Dr. Monalisa Mohapatra, Pl, OCGG, Associate Professor, Chemistry
- 2 Dr. Manosmita Mahapatra, Co-PI, OCGG, Assistant Professor and Head, School of Sociology
- 3 Dr. Raghunath Satpathy, Co-PI, OCGG, Assistant Professor, School of Biotechnology
- 4 Dr. NirupamaSahoo, Co-Pl, OCGG, Assistant Professor, School of Statistics
- Dr. Rupashree B. Kumari, Co-Pl, OCGG, Assistant Professor, School of Psychology
- 6 Dr. SubhankariPati, Co-PI, OCGG, Assistant Professor, School of Philosophy
- Dr. Doleswar Bhoi, Research Associate, OCGG

Agenda: Review of OCGG activities and way forward.

#### Discussion and Resolution:

- 1. Dr. Monalisa Mohapatra, Pl, OCGG reviewed of the activities and benchmark decided in last meeting. She has highlighted and gave emphasis on publication of the centre.
- 2. By 25<sup>th</sup> May, Dr. Raghunath Satpathy will complete the work related MOU and certificate course of the centre.
- 3. Pl of the centre has proposed to organize a webinar series and given responsibility to Dr. Manosmita Mahapatra.
- 4. PI of the Centre has instructed to make working paper by Co-PIs by using the data/information, which collected during pilot study.
- 5. With regard to field work;
  - a) The villages/ study area has been identified and selected for empirical work.
  - b) The Centre has decided and assigned the villages to Field Investigators to visit, once joined by them.
  - c) Less number of field investigators has been appointment. Therefore, a proposal for advertisement/employment again for the position of Field Investigators.
  - d) Remuneration payment of Field Investigator will be on the basis of field diary.

Signature of Members

Dr. Monalisa Mohadatra

Dr. Manosmita Mahapatra

Dr. Subhankari Pati

Dr. Raghunath Satpathyl 3.03.20 12

#### Center of Excellence

#### ODISHA CENTRE FOR GERIATRIC AND GERONTOLOGY GANGADHAR MEHER UNIVERSITY, AMRUTA VIHAR, SAMBALPUR ODISHA-768004, EMAIL: ocgg@gmuniversity.ac.in

Date: 23/05/2022

#### Minutes of the Meeting

An internal review meeting among the PI, Co-PI, Invitees, Research team of OCGG was held on 23th May 2022 at 11:00 AM at Conference Hall of GMU. The following members were present in the meeting:

- Dr. Monalisa Mohapatra, Pl, OCGG, Associate Professor, School of Chemistry
- Dr. Pradosh Kumar Acharya, Invitee, Assistant Professor and Head, School of Botany 2
- Dr. Manosmita Mahapatra, Co-Pl, OCGG, Assistant Professor and Head, School of Sociology 3
- Dr. Raghunath Satpathy, Co-Pl, OCGG, Assistant Professor, School of Biotechnology
- Dr. Nirupama Sahoo, Co-Pl, OCGG, Assistant Professor, School of Statistics
- Dr. Rupshree B. Kumari, Co-Pl, OCGG, Assistant Professor, School of Psychology
- Dr. Doleswar Bhoi, Research Associate, OCGG
- Pritipadma Sahu, Research Assistant, OCGG

Agenda: Orientation Programme of field investigator of OCGG Discussion and Resolution:

- PI, Co-PIs and Research staff of the center gave orientation to newly appointed field investigators on regarding field work, how to collect information from the field area and discuss on survey questionnaire. Field investigators are Umakanta Podh, Pratap Mahananda and Jyoti Kumari Gupta, who joined the orientation programme. During the orientation, following issues has been discussed;
- a) It was suggested that the field investigator will choose the village sample from the selected 100 village list of the blocks of Sambalpur district.
- b) Dr. Pradosh Kumar Acharya (on special invitation) discussed the questionnaire and share his experience how to collect data from the rural areas.
- c) Questions related to the psychological and the sleep quality was also discussed in detail. Research Associate and Research Assistant discussed the socio-economic part of the questionnaire and share their experience with the field investigators how they have collected the data and challenges they faced.
- d) Each question of survey questionnaire was discussed with field investigators. Job Chart, Village list of the Study area has been discussed and shared with field investigators. It was decided to start the field work by field investigators immediate with Research staff of the Centre. Research Staff of the centre will go to the field visit with field investigator and show them how to collect the information and train them to collect information from the study area.

Dr. Monalisa Mohapatra

Dr. Pradosh Kumar Acharya

Dr. Doleswar Bho

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#### **Center of Excellence**

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# ODISHA CENTRE FOR GERIATRIC AND GERONTOLOGY GANGADHAR MEHER UNIVERSITY, AMRUTA VIHAR, SAMBALPUR ODISHA-768004, EMAIL: ocgg@gmuniversity.ac.in

Date: 30/06/2022

#### Minutes of the Meeting

Areview meetingwas held among the PI, Co-PI, Member of Advisory Committee, Research team of OCGG on 30<sup>th</sup>June 2022, 5pm at VC Chamber. The following members were present in the meeting:

- 1 Prof. N Nagaraju, Vice Chancellor of GMU
- 2 Smt. Jugaleswari Dash, Registrar, GMU
- 3 Dr. U. C. Pati, Dy Registrar, GMU
- 4 Prof. Udaya Shankar Mishra, Member of Advisory Committee
- 5 Dr. Raghunath Satpathy, Co-PI, OCGG, Assistant Professor, School of Biotechnology
- 6 Dr. Nirupama Sahoo, Co-PI, OCGG, Assistant Professor, School of Statistics
- 7 Dr. Rupashree B. Kumari, Co-PI, OCGG, Assistant Professor, School of Psychology
- 8 Dr. Subhankari Pati, Co-PI, OCGG, Assistant Professor, School of Philosophy
- 9 Dr. Doleswar Bhoi, Research Associate, OCGG
- 10 Pritipadma Sahu, Research Assistant, OCGG

**Agenda:** Discussion on Status and Progress of OCGG with Prof. Udaya Shankar Mishra, Member of Advisory Committee, OCGG

#### Discussion and Resolution:

- Dr. Raghunath Satpathy, Co-Coordinator of the centre has presented the status and progress of OCGG. In his deliberation, he focused on the recent activities of field work including collection of 750 filled questionnaires from the respondent of 20 villages (out of 100 selected villages) of Sambalpur district. In addition, the procurement process of the 24 number of motion watches has been completed to be used to study and analyze the sleep quality of elderly people. Further, he shared about the purchase of village map from Survey of India; also for the syllabus ofnewly introduced *certificate course on geriatrics care* has been approved by the academic council. The publication related to the center has been discussed, and 4 number of research paper has been communicated; one edited book proposal is planned, for this 6 chapter has been received so far.
- Professor Uday Shankar Mishra has praised the team of OCGG and satisfied with the current progress. He suggested following points may need to initiate by the centre to show the visibility &progress of the same.
  - (i) The finding or analysis of the centre may be comparative analyzed by considering the status of India and states particularly Odisha in order to increase the visibility
  - (ii) The centre may collect information about the bed ridden elder peoples, widows and accessibility of various schemes such as old age pension scheme along with the implementation status.
  - (iii) A quarterly newsletter of the center (OCGG) containing the activities as well as the diverse issues relating to elder people like chronically ill persons, causes of various mortality of the elderly people etc. should be prepared and subsequently is to be uploaded in the university website.
  - (iv) The center should bring more published work including working papers.
  - (v) The centre may organize a Qualitative Research Methodology course.
- Professor Mishra suggested that, he will go through the edited questionnaire and he will help in analysis part.
- At the end, Dr. SubhankariPati has given vote of thanks.

Signature of Members

Dr. Raghunath Satpathy

Dr. Nirupama Sahoo

Dr. Rupashree B. Kumari

Dr. Subhankari Pati

Dr. Doleswar Bhoi

PritinadmaŠahu

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#### **Center of Excellence**

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### ODISHA CENTRE FOR GERIATRIC AND GERONTOLOGY

GANGADHAR MEHER UNIVERSITY, AMRUTA VIHAR, SAMBALPUR ODISHA-768004, EMAIL: ocgg@gmuniversity.ac.in

Date: <u>22/07/2022</u>

#### Minutes of the Meeting

An internal review meeting among the PI, Co-PI, Invitees, Research team of OCGG was held on 22<sup>th</sup>July 2022 at 11:00 AM at Conference Hall of GMU. The following members were present in the meeting:

- 1 Dr. Monalisa Mohapatra, PI, OCGG, Associate Professor, School of Chemistry
- 2 Dr. Raghunath Satpathy, Co-PI, OCGG, Assistant Professor, School of Biotechnology
- 3 Dr. Rupashree B. Kumari, Co-PI, OCGG, Assistant Professor, School of Psychology
- 4 Dr. Sujit Kumar Jally, Co-PI, OCGG, Assistant Professor, School of Geography
- 5 Dr. Sarojini Minz, Research Associate, OCGG
- 6 Ms. Pritipadma Sahu, Research Assistant, OCGG

Agenda: Orientation programme of newly appointed field investigators of OCGG Discussion and Resolution:

- PI, Co-PIs and Research staffs of the center oriented to the newly appointed field investigators regarding field work, such as collection of data from the prescribed location of Sambalpur District including issues on survey questionnaire.
- Following newly appointed field investigators were present during the programme (i) Navin Kumar Gupta (ii) Khirabdhi Tanaya Bag (iii) Sanat Kumar Dhal with along with other investigators such as (iv) Umakanta Podh, (v) Pratap Mahananda (vi) Jyoti Kumari Gupta. Following issues has been discussed:
- a) Dr. Raghunath Satpathy suggested the field investigators to start collecting the data from the remaining villages as per the listof the blocks available for the Sambalpur district.
- b) Dr. Sujit Kumar Jally analyzed the blocks of village map on Sambalpur districts that can be implemented for the further field analysis.
- c) Dr. Rupashree B. Kumari discussed the questions related to the psychological issues and the sleep quality section. She also suggested in what method these questions will be asked and filled during the field visit along with discussed about the incomplete questionnaire and advised to fill the each and every questions of the questionnaire carefully to the field investigators.
- d) Dr. Sarojini Minz, Research Associate discussed the sleep parameters and suggested to fill the MCTQ questionnaire completely.
- e) Research Associate and Research Assistant discussed the socio-economic part of the questionnaire and share their experience with the field investigators how they have collected the data and challenges they faced.
- Job Chart, Village list of the Study area has been discussed and shared with field investigators.
- It was decided to accelerate the field work by field investigators with immediate effect with the guidance of the Research staffs of the center.

Dr. Monalisa Mohapatra

Dr. Raghunath Satpathy

Dr. Rupashree B. Kumari 32.7.2022

Dr. Sujit Kumar Jaily

Lanojini Minz Dr. Sarojini Minz 22/07/2022

Pritipadma Sahu Pritipadma Sahu 22.07-2022